



INDIAN SCHOOL AL WADI AL KABIR
DEPARTMENT OF EVS (2025-2026)

LESSON – Growing Up

WORKSHEET - 1

RESOURCE PERSON – Mrs. Anuradha Sharma

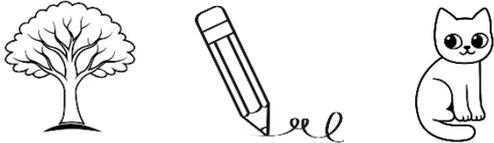
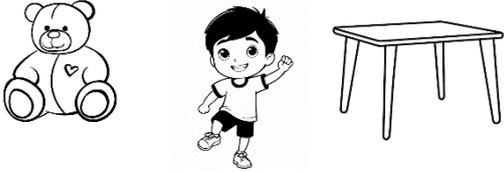
NAME - _____ CLASS: I SEC: _____ DATE: _____

QI. Choose the correct answer from the help box and fill in the blanks.

Help Box: growing woman healthy tree rest

1. A little girl grows into a _____.
2. We should eat _____ food.
3. A little plant grows into a big _____.
4. When my body is tired, I take _____.
5. We are _____ all the time.

QII. Colour the pictures in each column as directed.

Things that grow	Healthy habits
	
	

QIII. Match the words with their correct pictures.

1. Toothbrush

2. Soap

3. Boy

4. Comb

5. Chick



Ans. 1. _____ 2. _____ 3. _____ 4. _____ 5. _____

QIV. Who am I?

a. I keep your teeth clean and have bristles. Who am I?

Ans. _____

b. I am small now but will grow into a hen. Who am I?

Ans. _____

c. I make bubbles and wash away dirt. Who am I?

Ans. _____

d. I am small now and will grow into a big tree. Who am I?

Ans. _____

